

SAMPLE

Instructions to patients who are breast-feeding

I confirm that I am breast-feeding a child and that I will adhere to the waiting period listed below. During this waiting period, I may express breast milk, but I will discard this milk and will not feed it to a child.

I understand that a portion of the radioactive material which I have received can be found in breast milk and that if I breast-feed during the delay time, my child will receive an unnecessary radiation dose. If I have received I-131 and breast-feed, my child may suffer thyroid damage.

Signature: _____

Date: _____

Radiopharmaceutical: _____

Administered Dose: _____

Time to wait before resuming breast-feeding: _____

Reference NRC Table U.3, "Activities of Radiopharmaceuticals that Require Instructions and Records When Administered to Patients Who are Breast-Feeding an Infant or Child" in NUREG-1556, Vol. 9, Ver. 2.